

Helping Hands Healing Sanctuary



Group Therapy for Anxiety + Depression



The group is open to adults suffering from anxiety or depression. All are welcome! We use horses for these unique group sessions in a method called equine-assisted psychotherapy. Absolutely no horse experience is necessary to participate. Call or email us for more info.

Saturdays

Helping Hands Healing Sanctuary
17250 NE Lewis Rogers Ln.
Newberg, OR 97132

Call or email for more info
helpinghandshealingsanctuary@gmail.com

(805) 551-6336

www.helpinghandshorse.org